

The Both Hands Assessment (BoHA) Training

When?

Wednesday 16th to Friday 18th of November 2022.

Where?

The Pace Centre, Bradbury Campus, 156 Wendover Road, Aylesbury, Buckinghamshire, HP22 5TE.

Who?

Occupational Therapists and Physiotherapists working with children with Cerebral Palsy can apply.

What? The BoHA

An assessment of hand function for children with bilateral cerebral palsy aged 18 months to 12 years which has been developed from the Assisting Hand Assessment (AHA). It is an observational measure of bimanual play using toys and games from the AHA test kit.

- Provides scores for 16 items (11 unimanual and 5 bimanual) scored on a 4-point rating scale.
- Provides degree and quality of goal directed actions performed with each hand and both hands together.
- Provides separate scores for each hand, illustrating possible asymmetric hand use.
- Provides a measure of general upper limb ability.

The course teaches the reliable use of the BoHA in two steps:

1. 2.5 day workshop where you will learn about the constructs underlying the BoHA, test administration, and scoring of video recordings.
BoHA manual with scoring criteria and a computer-based scoring form will be provided.
2. Following the workshop, you will be required to achieve satisfactory scoring of a number of children, some of which are provided by videos, and two from self-produced BoHA play sessions.

On completion of the course participants will be able to:

- Demonstrate the setup, conduct and video record a Both Hands Assessment session and produce reliable scores according to the criteria in the manual.
- Verbalize the concept and construct of the test and its psychometric properties.
- Interpret and communicate the outcome of the test.

Study hours

Course: 18 hours (2.5 days)

- Day 1 10am-5pm
- Day 2 9am-5pm
- Day 3 9am-1pm.

Plus certification after the course: 12 hours.

What's included

The course fee includes refreshments throughout, lunch on the first and second day, a manual, score forms and guidance during certification procedure.

BoHA test case

AHA test materials (needed for the BoHA) can be obtained through Handfast Inc. Bij. Please visit www.ahanetwork.se to contact the Handfast AB team directly. Cost of test materials for children 18 months-12 years: 3.900 SEK (approximately £315.00) + shipping. Please note exact price will be determined by Handfast Inc.

Two weeks prior to the course you will receive access to the digital platform where you can read the course materials including the manual and relevant articles.

Course tutors

- Ann-Kristin Elvrum, Reg OT, PhD, is an Occupational Therapist at St. Olavs Hospital, NTNU, Trondheim, Norway. In her postdoc project she conducts an early intervention study for children at high risk for developing cerebral palsy, with special focus on hand function, mobility, and communication.
- Britt-Marie Zethraeus, Reg OT MSc, has a large experience of children's rehabilitation and is currently working as a research assistant at the Department of Women's and Children's Health, Karolinska Institutet, Stockholm.

Accommodation

The course will take place in Stoke Mandeville, Buckinghamshire.

- The closest hotel is the Innkeeper's Collection, Weston Turville which is a 3-minute drive or 25-minute walk.
- Bel & The Dragon at The Red Lion, Wendover is 5 minutes drive or 20 minutes on public transport.
- There are many hotels in Aylesbury that are 5 minutes drive or 30 minutes on public transport.
- There are many Air BnBs in Central Aylesbury as well as a few in Stoke Mandeville and Wendover.

Public transport

You can get a train from London Marylebone directly to Stoke Mandeville and walk 8 minutes to arrive at The Pace Centre, [Bradbury Campus](#).

Language

This course will be delivered in English.

Fees and payment

£650 per participant.

Your place will not be secured until you have paid the invoice for the full amount.

Booking queries

Becca Fortescue

Email: rebecca.fortescue@thepacecentre.org